Social Media and the Dramas of the Teenage Years
- Resources for Parents-

Parents' Guide to a Better Internet
This guide gives parents support, advice and information to help their children have a positive experience online. Topics explored in the guide include cyberbullying, screen time, sexting, social media and online pornography. This can be downloaded for free at Webwise.ie/parents

Advice Videos
The Webwise parenting experts offer advice on everything from talking to your child about sexting to modelling good behaviour. The expert videos feature advice from child psychologists, education experts, SPHE experts and tech experts.

Articles
'Apps Explained' - the latest apps and social networks children are using explained. This is updated on a regular basis and is an excellent starting point for parents who have children using social media for the first time.
'Advice for Parents' - advice and support for parents on key issues such as making friends online and sharing personal information.
'Talking Points' - to facilitate parents open communication with their child around internet safety.
'How to' -provide support and step by step instructions on blocking, reporting, parental controls and more.

References – general

https://www.webwise.ie/teachers/resources/#Webwise-Parent-Resources

https://www.drcc.ie/services/education-training/youth-programmes

https://spunout.ie/category/voices/experiences

https://jigsaw.ie/setting-boundaries-with-young-people/

https://www.orpenpress.com/books/parenting-raising-your-child-in-ireland-today-ebook/

https://www.thejournal.ie/growing-up-in-ireland-nine-year-olds-5467409-Jun2021/

https://raisingteenstoday.com/26-best-quotes-about-parenting-teenagers/

https://www.verywellfamily.com/strategies-for-addressing-teenage-drama-2609627

https://www.verywellfamily.com/ways-social-media-affects-teen-mental-health-4144769

Cop On: What it is and why your child needs it to thrive and survive in today's world by Colman Noctor

Parenting is Child's Play: The Teenage Years   by David Coleman